

# MARCH

*"If you want to achieve anything in life, you have to push yourself because nobody is going to do it for you."*  
- Karon Waddell



## CELEBRATE YOUR CHILD'S BIRTHDAY AT BSMA



Looking for a new & exciting place to host your child's birthday?!  
Bay State Movement Academy!

Book online today!  
Saturday 2:30pm-4:00pm  
Sunday 1:30pm-3:00pm

## CHALLENGE POINT LEADERBOARD

### Pre Parkour (4-5):

February & Overall:

**Lucien Bernard**

### Parkour 1 (6-8):

February:

**Vaughn Gata**

Overall:

**John Brow**

### Parkour 1 (9-17):

February:

**Josh Machado**

Overall:

**Leo Surprenant**

### Parkour 2 (9-17):

February & Overall:

**Mason Dumont**

### Advanced Parkour

February & Overall:

**Benjamin Glaser**

## PARENT'S NIGHT OUT

Drop your kids off and enjoy a night out while they have fun with their favorite instructors!

**Saturday, March 16<sup>th</sup>**

**7:00pm-9:00pm**

**Ages 4&up (\$20)**

\*Registration Required\*

## OPEN SKILLS

**Open Skills Class is an extra activity offered at BSMA!**

Staff will focus on a certain skill of the athletes choosing with our certified staff ready to help you master the craft!

This is a great opportunity to work with our instructors on your favorite Parkour and ninja obstacles!

**Saturday**

\*Registration required\*

**Ages 6&up \$15**

**5:00pm-6:15pm**

## PLAY GROUP

### **NINJA PLAY GROUP**

Ninja Parent-Child play group enables the little ones to get started moving, building a strong foundation as well as great bonding time for both parties!

**Thursday**

\*Drop-in\* (\$10)

**Ages 2.5-5 years**

**11:15am-12:15pm**

## REGISTRATION

**Session #7: 2/24-3/23/19**

**(Payment due at sign up)**

15% sibling discount

Enroll online!

[www.baystatemovementacademy.com](http://www.baystatemovementacademy.com)

## PROGRAMS



### PARKOUR

Students will run, climb, flip & twist their way through an environment, learning to be free and safe at the same time

### NINJA OBSTACLE

Students build strength & test agility by utilizing challenging obstacles

Check out our class schedule to see what days & times are offered for each program!

**\* Don't forget athletic clothing! \***

