



# NEW for Summer 2018!!



We are very excited to announce the growth of our Parkour and Ninja program has enabled us to open a **Bay State Movement Academy**. Come July 2018, Bay State Gymnastics Academy will no longer hold Parkour and Ninja classes. You can find an exciting new schedule with new classes and equipment at Bay State Movement Academy located at 360 Faunce Corner Rd, Unit #4, N. Dartmouth, MA 02747.  
**Online Registration Begins June 1<sup>st</sup>**

### Program Descriptions

#### **Parkour:**

Students will run, climb, flip & twist their way through an environment, learning to be free and safe at the same time.

#### **Ninja:**

Building strength and testing agility by utilizing challenging obstacles such as our warped wall, trampolines, rope swings, bars and team building activities.

### Open Skills Classes (BEGINNING JULY 23<sup>RD</sup>)

Our certified staff will help you in your quest for skill mastery. This is a great opportunity to work on our apparatus and work at your own pace. This is not a time to work on new skill exploration unless instructed by your coach.

#### **AGES 4-8 yrs (1 hr) \$14**

Monday 5:00-6:00  
Saturday 1:30-2:30

#### **AGES 9-17yrs - (1 hr 15min) \$16**

Monday 6:15-7:30  
Saturday 2:30-4:00

### Clinics

**These clinics will incorporate both Parkour & Obstacle Training and are designed to promote strength and coordination.**

#### **DETAILS:**

Wednesdays ~ 8:30am-12pm

Price: \$40

**July 18**

**July 25**

**August 1**

**August 8**

### Summer Classes

Structured Classes Following Age-Appropriate Curriculum Developed by our USA Parkour Certified Coaches.

**Session #1: July 8-Aug 4 ~ Session #2: Aug 5-Sept 1**

#### **NINJA OBSTACLE**

##### **Pre Ninja (4-5 yrs) - (50 min) \$91**

Tuesday 4:30  
Wednesday 4:00  
Thursday 4:30  
Sunday 9:00

##### **Ninja 1 (6-8 yrs) - (1 hr) \$96**

Tuesday 5:30  
Wednesday 5:00  
Thursday 5:30  
Sunday 10:00

##### **Ninja 2 (9-14 yrs) - (1 hr) \$96**

Tuesday 6:30  
Wednesday 6:00  
Thursday 6:30  
Sunday 11:00

#### **PARKOUR**

##### **Pre Parkour (4-5 yrs) - (50 min) \$91**

Wednesday 4:30  
Sunday 9:30

##### **Parkour 1 (6-8 yrs) - (1 hr) \$96**

Tuesday 4:00  
Wednesday 5:30  
Thursday 4:00  
Sunday 10:30

##### **Parkour 1 (9-14 yrs) - (1 hr) \$96**

Tuesday 5:00  
Wednesday 6:30  
Thursday 5:00  
Sunday 11:30

##### **Parkour 2 (9-14 yr) - (1 hr 15m) \$107 \*Invite Only**

Tuesday 6:15  
Wednesday 7:15  
Thursday 6:15

##### **Parkour 2 (15-17y)-(1 hr 15m) \$107**

Thursday 7:30

##### **Adv Parkour (9-14y)-(1 hr 15m) \$107 \*Invite Only**

Tuesday 7:30  
Thursday 7:30

**\*5% Monthly Class Tuition Discount for all students registered at BSGA from January 2018-June 2018 for July and August**